

Kit List

Wet weather gear: jacket and leggings, hat if no hood on jacket

Hiking boots, (gaiters optional) trousers not jeans

Sleeping bag, (pillowcase optional)

Rucsac, daypack

5th Wicklow neckerchief (must be worn while travelling)

Spare jumper (preferably fleece) spare trousers, spare trainers

Shorts, T shirts, underwear, socks (lots)

Wash bag, towel (possibly 2), medications if used

Personal first aid kit

Torch, spare batteries and bulb, whistle, penknife

Cutlery, plate, bowl, cup, tea towel

Signed permission to camp form

You must be able to carry everything you bring yourself, you must also pack your bag yourself.